

# INDIVIDUAL HEALTH

A solid healthcare plan from Colina is more affordable than you think. Contact one of our Sales Representatives to discuss your options.



## Individual Health Plans

### SHAPE A, B, C & D

Your personal plan is designed to respond when you need it. You never know when a sudden illness or an accident might strike, leaving you in need of hospital care. Preparation is the only way to combat the often sudden and tremendous expense that can accumulate when your health or the health of a loved one fails.

Our comprehensive plans are tailored to your needs and budget. The advantage of a personal plan is the variety of options available to you at competitive prices.

Put your body and mind on the path to a healthier future. Our Shape A, B, C & D Individual Health plans offer:

- Preventative Care;
- Hospital expenses;
- Intensive Care;
- No co-payment for life-threatening cases;
- Complications of maternity;
- Newborn dependant coverage from Day 1;
- Home Healthcare;
- Immunizations for children 0-12;
- Physical therapy;
- Access to an extensive overseas health networks;
- Commercial air travel and air ambulance for approved services (SHAPE A&B Only)

### Change is a good thing

Don't fear crucial transitions like changing careers, starting your own business, taking a sabbatical or entering retirement. A Colina individual plan have you covered.

### Health – a plan to help you keep it.

Good health is critical to ensuring that your personal journey is filled with lasting memories. Keeping your health in peak condition requires a health plan that gives you confidence to live your life your way. Colina can offer health coverage that helps you keep your life on the right path.

### Quality Network

A Colina health plan offers access to an extensive overseas health network and the best medical care that you will find in The Bahamas and North America.

### Support

Should you be hospitalized, we have an experienced compassionate nursing staff who will work along with our Medical Director to ensure that you are receiving the best quality care. Our team works with hospitals and facilities, requesting progress notes and monitoring your case.

For a complete list of benefits, including details of each plan, visit [colina.com](http://colina.com) or call 396-5100.



# COLINA



Email: [customercare@colina.com](mailto:customercare@colina.com) | 396-5100

Colina and the Colina Globe are registered trademarks of Colina Insurance Limited.